



fixture shown: La Belle 5352 VP

## TASK LIGHTING

is one of the most important types of lighting for the bathroom, and should be addressed with a lighting scheme for the vanity.

The best vanity lighting utilizes cross illumination, which provides shadow-free lighting. In other words, you need a lighting solution over the vanity, as well as on both sides of the vanity, which lights the face evenly, and achieves the "cross-illumination" effect.

## AMBIENT LIGHTING

Ambient lighting is typically provided by ceiling fixtures, and is especially important in the bath because of varied mixtures of materials and finishes, many of them shiny surfaces like wall tile, floor tile and chrome faucets.

By introducing some lower-level ambient lighting into the bath it's less likely to cause glare by reflecting off of shiny surfaces, which creates a more pleasing and relaxing environment.

## BATHED IN *the right* LIGHT



Of course bathroom lighting needs to be functional, but that doesn't mean it also can't be beautiful.

It's a misconception from years past that bathrooms must be brightly lit. Bathrooms do require a certain amount of practical light to support practical activities that are performed in the bathroom, such as styling your hair or applying makeup. However, layers of light can be most effective in the bathroom because it can provide the ability to control the lighting depending on the task at hand.



fixture shown: Portofino 5560 VZ

## Bath tips & trends

### BATHROOM *Sparkle*



fixture shown: Stowe 5733 MC

#### *Beautify*

ABOVE THE  
BATH TUB  
EITHER SIDE OF  
THE MIRROR  
ABOVE THE  
VANITY  
OVERHEAD  
DRESSING  
AREA

#### *Think Spatially*



fixture shown: Thistle-down 5682 VZ

### Add sparkle to your bathroom.

When considering the lighting plan for your bathroom, consider complimenting your choices with mirrors. Mirrors can make a space look larger and lighter; they can increase the impact of anything they reflect; they can change the contours of a room; and multiply and divide the effects of light.

Another way to add sparkle is with a chandelier. The chandelier originated as a device to hold multiple candles, basically introducing more light when each individual source was of limited power. Over time, refinements were added to chandeliers, such as tiers of cut glass and crystal, primarily for the practical purpose of fracturing and multiplying the light further. Chandeliers can add these reflective properties to the bathroom creating depth and drama.

## LAYERING LIGHT *in the bath*

Layering light in a bathroom is the best way to provide task lighting as well as ambient lighting, striking just the right balance of function and mood.

In days gone by, bathrooms were often rooms that had only one central overhead light shining down from the ceiling. Because bathrooms are typically not overly large (compared to other rooms in the home), they sometimes get short-changed in the number of lights allotted them.

## *try these* layering options:

### CHANDELIERS

These days there are many options to compliment or supplement your overhead, central lighting source. Chandeliers are being introduced in the bath, adding a touch of glamour.

### FLUSH MOUNTS

Flush ceiling mounts are still an ideal choice, especially if installed with a dimming option.

### DECORATIVE SCONCES & BATH BARS

Above the sink, decorative sconces are popular and are available in a variety of sizes (2-light, 3-light, etc.). Single-light sconces on either side of the mirror help to even out task lighting in this area, as well as to accent other areas of the bathroom.

### PENDANTS

Mini-pendants are even gaining popularity as an alternate option of side-mirror lighting, and can be used above the bathtub for a dramatic effect.